

Drug Metabolism

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NIMH, NIH

Evolution of Drug Metabolism As a Science

Post WWII Pioneers

*** Richard Tecwyn Williams – Great Britain**

- 1942, worked on the metabolism on TNT with regard to toxicity in munitions workers; due to the war he assembled teams to work on metabolism of sulfonamides, benzene, aniline, acetanilide, phenacetin, and stilbesterol**
- Developed concept of Phase 1 & Phase 2 Reactions.**
 - * Biotransformation involves metabolic oxygenation, reduction, or hydrolysis; result in changes in biological activity (increased or decreased)**
 - * Second phase, conjugation, in almost all cases resulted in detoxification.**

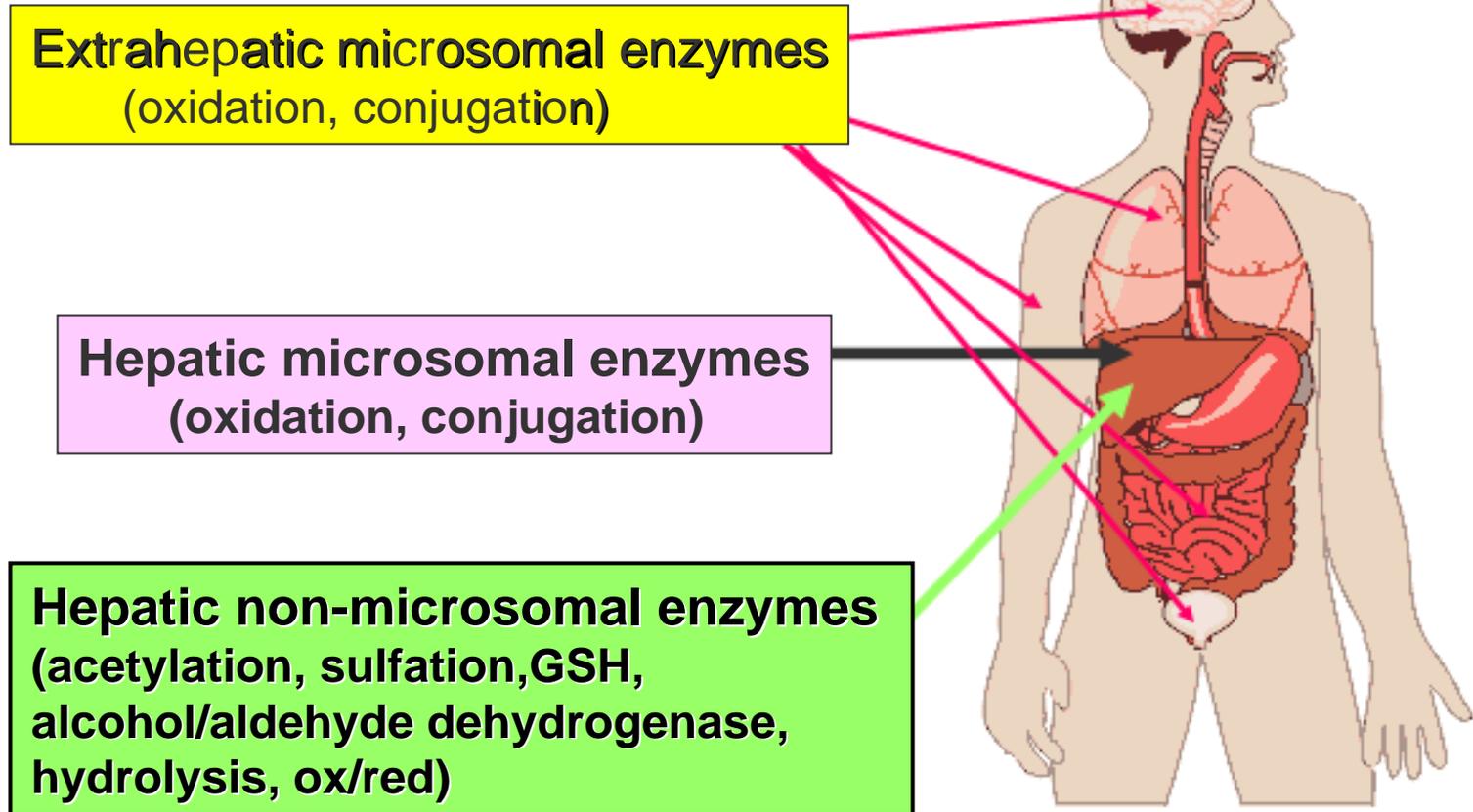
Evolution of Drug Metabolism As a Science

Post WWII Pioneers

*** Bernard B. Brodie, U.S.**

- NYU and Laboratory of Industrial Hygiene, NYC 1949 – Metabolic fate of acetanilide and phenacetin in man (with Julius Axelrod as pre-doc; later an NIMH Nobel laureate)**
- 1950s, NIH – pioneering studies on all aspects of drug metabolism; esp. reserpine, serotonin; hexobarbital tolerance**
- 1952 – R.T. Williams spent 6 months at NIH; subsequently many students went between both labs (Richard Adamson, James Gillette, and Sidney Udenfriend)**
- 1950s, Brodie lab developed the spectrophotofluorimeter (Robert Bowman)**

Drug Metabolism



Liver Microsomal System

* Oxidative Reactions: Cytochrome P450 mediated

* Examples

- **Formation of an inactive polar metabolite**

* Phenobarbital

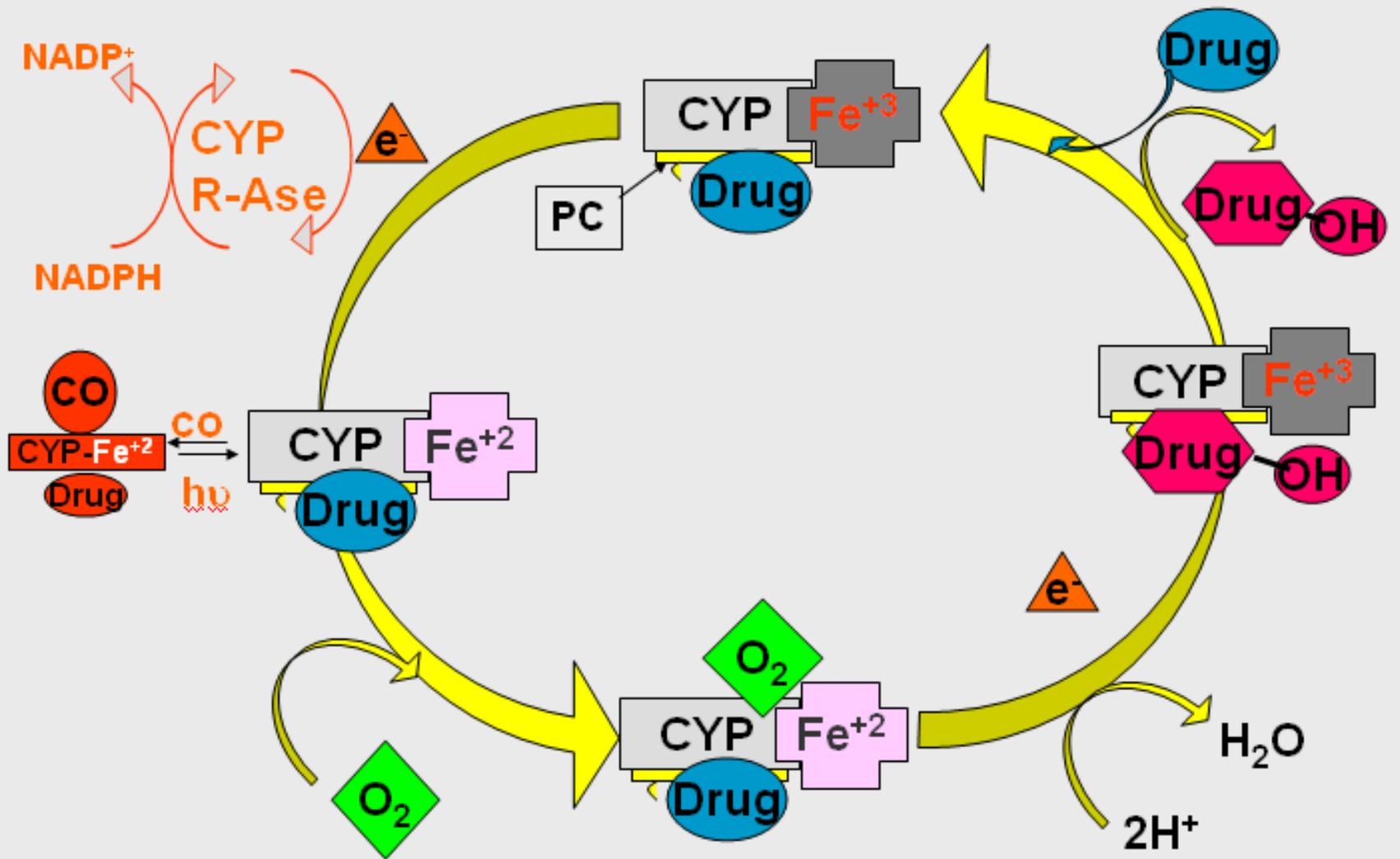
- **Formation of an active metabolite**

* **By Design: Purine & pyrimidine chemotherapy prodrugs**

* **Inadvertent: terfenadine – fexofenadine**

- **Formation of a toxic metabolite**

* **Acetaminophen – NAPQI**



Electron flow in microsomal drug oxidizing system

Cytochrome P450 Isoforms (CYPs) - An Overview

- * $\text{NADPH} + \text{H}^+ + \text{O}_2 + \text{Drug} \rightarrow \text{NADP}^+ + \text{H}_2\text{O} + \text{Oxidized Drug}$
- * Carbon monoxide binds to the reduced Fe(II) heme and absorbs at 450 nm (origin of enzyme family name)
- * CYP monooxygenase enzyme family is major catalyst of drug and endogenous compound oxidations in liver, kidney, G.I. tract, skin, lungs
- * Oxidative reactions require the CYP heme protein, the reductase, NADPH, phosphatidylcholine and molecular oxygen
- * CYPs are in smooth endoplasmic reticulum in close association with NADPH-CYP reductase in 10/1 ratio
- * The reductase serves as the electron source for the oxidative reaction cycle

CYP Families

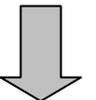
- * Multiple CYP gene families have been identified in humans, and the categories are based upon protein sequence homology
- * Most of the drug metabolizing enzymes are in **CYP 1, 2, & 3** families .
- * CYPs have molecular weights of 45-60 kDa.
- * Frequently, two or more enzymes can catalyze the same type of oxidation, indicating redundant and broad substrate specificity.
- * **CYP3A4** is very common to the metabolism of many drugs; its presence in the GI tract is responsible for poor oral availability of many drugs

CYP Nomenclature

- * Families - CYP plus arabic numeral (>40% homology of amino acid sequence, eg. **CYP1**)
- * Subfamily - 40-55% homology of amino acid sequence; eg. **CYP1A**
- * Subfamily - additional arabic numeral when more than 1 subfamily has been identified; eg. **CYP1A2**
- * Italics indicate gene (***CYP1A2***); regular font for enzyme
- * Comprehensive guide to human Cyps
<http://drnelson.utmem.edu/human.P450.table.html>

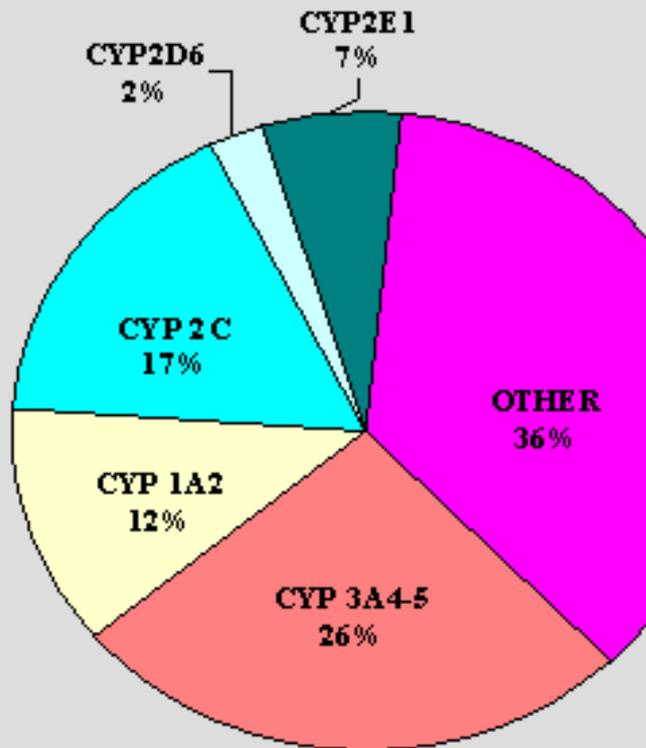
CYP Tables

- * Human CYPs - variability and importance in drug metabolism
- * Isoforms in metabolism of clinically important drugs
- * Factors that influence CYP activity
- * Non-Nitrogenous CYP inhibitors
- * Extrahepatic CYPs

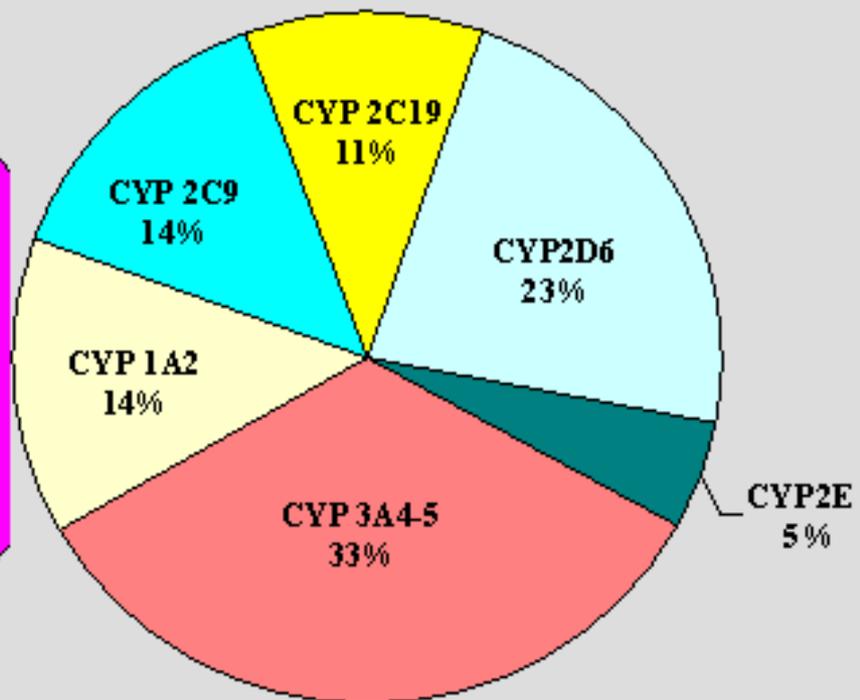


ROLE OF CYP ENZYMES IN HEPATIC DRUG METABOLISM

RELATIVE HEPATIC CONTENT OF CYP ENZYMES



% DRUGS METABOLIZED BY CYP ENZYMES



Human Liver Drug CYPs

CYP enzyme	Level (%total)	Extent of variability
1A2	~ 13	~40-fold
1B1	<1	
2A6	~4	~30 - 100-fold
2B6	<1	~50-fold
2C	~18	25-100-fold
2D6	Up to 2.5	>1000-fold
2E1	Up to 7	~20-fold
2F1		
2J2		
3A4	Up to 28 30-60*	~20-fold 90-fold*
4A, 4B		

S. Rendic & F.J. DiCarlo, Drug Metab Rev 29:413-80, 1997

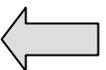
**L. Wojnowski, Ther Drug Monit 26: 192-199, 2004*



Participation of the CYP Enzymes in Metabolism of Some Clinically Important Drugs

CYP Enzyme	Examples of substrates
1A1	Caffeine, Testosterone, R-Warfarin
1A2	Acetaminophen, Caffeine, Phenacetin, R-Warfarin
2A6	17 β -Estradiol, Testosterone
2B6	Cyclophosphamide, Erythromycin, Testosterone
2C-family	Acetaminophen, Tolbutamide (2C9); Hexobarbital, S-Warfarin (2C9,19); Phenytoin, Testosterone, R-Warfarin, Zidovudine (2C8,9,19);
2E1	Acetaminophen, Caffeine, Chlorzoxazone, Halothane
2D6	Acetaminophen, Codeine, Debrisoquine
3A4	Acetaminophen, Caffeine, Carbamazepine, Codeine, Cortisol, Erythromycin, Cyclophosphamide, S- and R-Warfarin, Phenytoin, Testosterone, Halothane, Zidovudine

Adapted from: *S. Rendic Drug Metab Rev 34: 83-448, 2002*

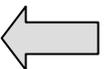


Factors Influencing Activity and Level of CYP Enzymes

Nutrition	1 A 1 ; 1 A 2 ; 1B1 , 2 A 6 , 2 B6 , 2C8,9 ,19 ; 2D6, 3 A 4,5
Smoking	1 A 1 ; 1 A 2 , 2E1
Alcohol	2E1
Drugs	1 A 1, 1 A 2 ; 2 A 6 ; 2B6 ; 2 C ; 2D6 ; 3 A 3, 3 A 4,5
Environment	1 A 1, 1 A 2 ; 2 A 6 ; 1B ; 2 E 1 ; 3 A 3, 3 A 4,5
Genetic Polymorphism	1 A ; 2 A 6 ; 2C9 ,19 ; 2 D6 ; 2E1

Red indicates enzymes important in drug metabolism

Adapted from: *S. Rendic Drug Metab Rev 34: 83-448, 2002*



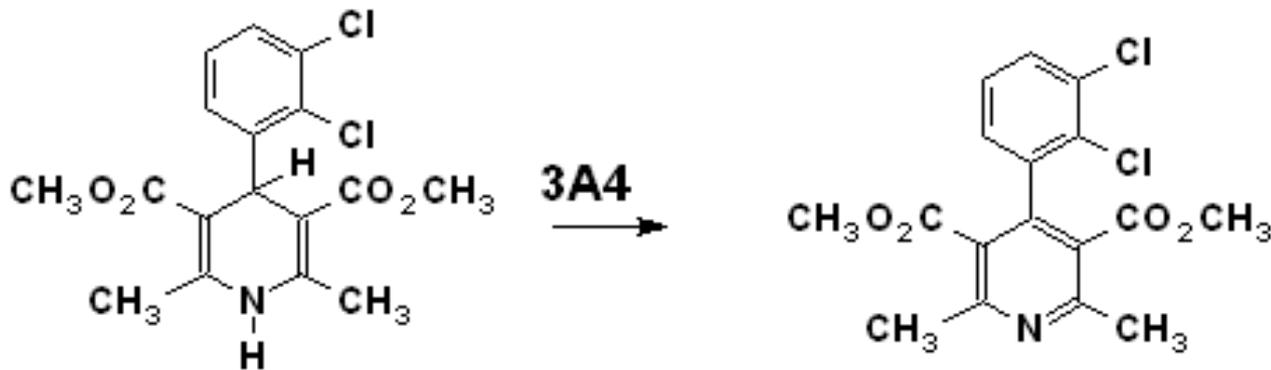
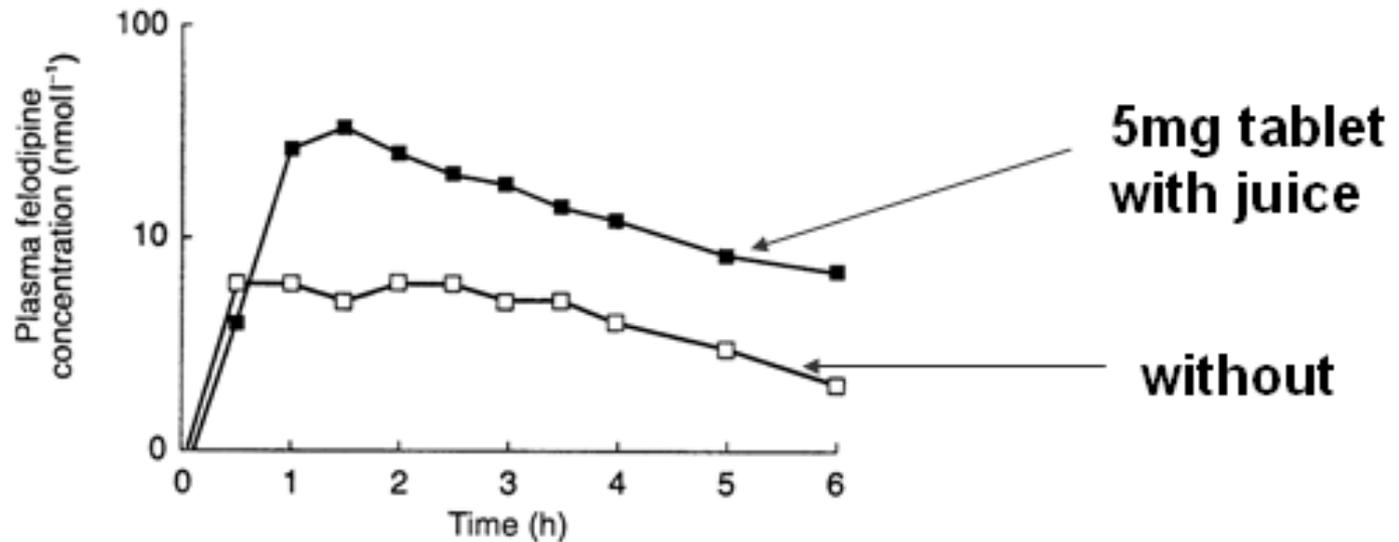
Non-nitrogenous Substances that Affect Drug Metabolism

- * **Grapefruit juice** - CYP 3A4 inhibitor; highly variable effects; fucocoumarins
 - Bailey, D.G. et al.; Br J Clin Pharmacol 1998, 46:101-110
 - Bailey, D.G et al.; Am J Cardiovasc Drugs 2004, 4:281-97.
- * **St John's wort, other herbal products**
 - Tirona, R.G and Bailey, D.G. ; Br J Clin Pharmacol. 2006,61: 677-81
- * **Isosafrole, safrole**
 - CYP1A1, CYP1A2 inhibitor; found in root beer, perfume

Overheard Conversation

- * At a B&B breakfast table, after grapefruit juice was served, someone remarked “A friend read the package insert with her prescription and the fine print warned against drinking grapefruit juice...is this true? Should it be avoided with all medications? How about grapefruit itself? How about orange juice?”

Effect of Grapefruit Juice on Felodipine Plasma Concentration

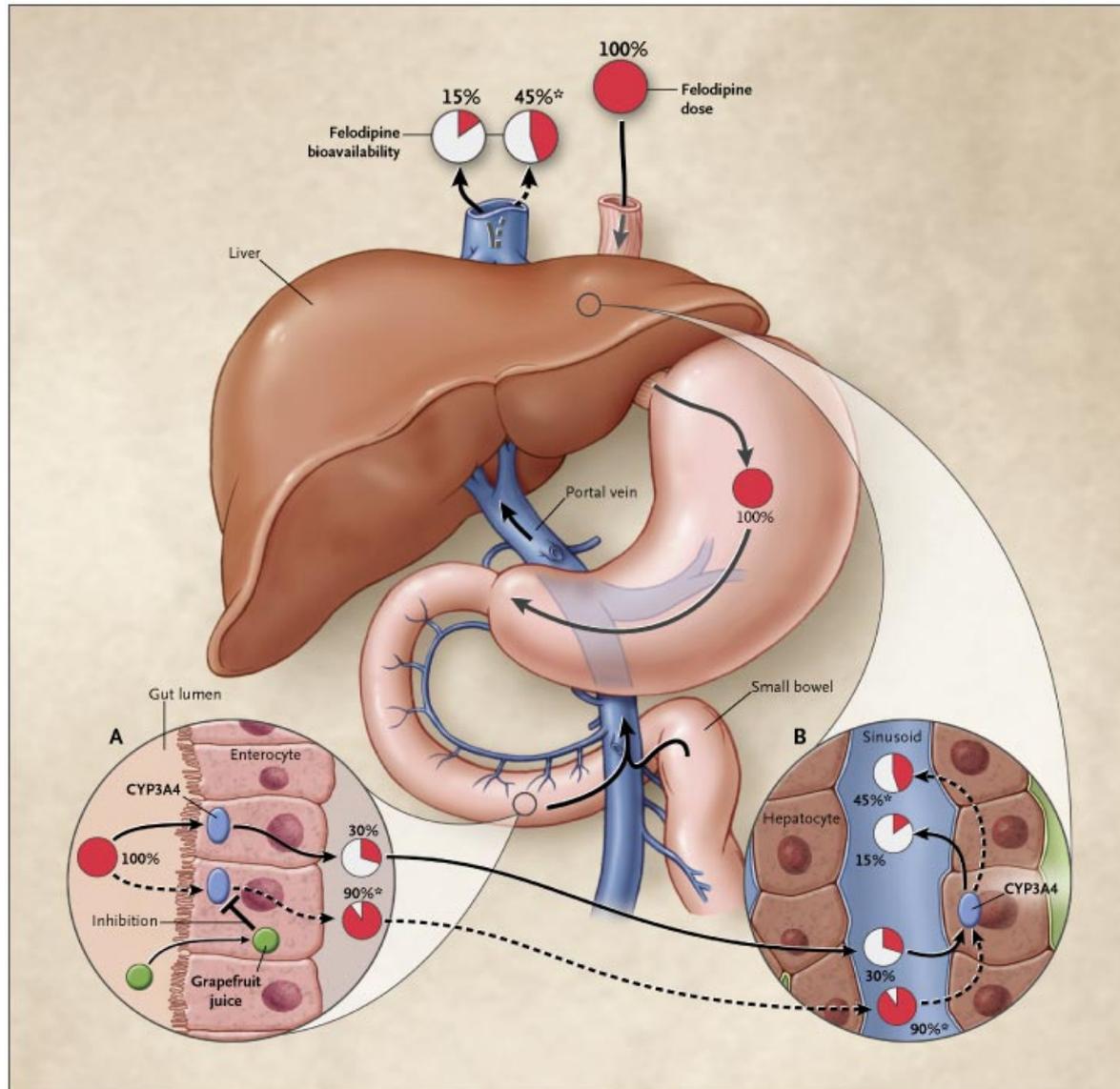


Review- D.G. Bailey, et al.; Br J Clin Pharmacol 1998, 46:101-110

Grapefruit Juice Facts

- * **GJ or G, lime, or Sun Drop Citrus soda, Seville OJ(not most OJ) elevates plasma peak drug concentration, not elimination $t_{1/2}$**
- * **GJ reduced metabolite/parent drug AUC ratio**
- * **GJ caused 62% reduction in small bowel enterocyte 3A4 and 3A5 protein; liver not as markedly affected (i.v. pharmacokinetics unchanged)**
- * **GJ effects last ~4 h, require new enzyme synthesis**
- * **Effect cumulative (up to 5x C_{max}) and highly variable among individuals depending upon 3A4 small bowel basal levels**

First-Pass Metabolism after Oral Administration of a Drug, as Exemplified by Felodipine and Its Interaction with Grapefruit Juice



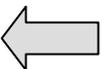
Human Drug Metabolizing CYPs Located in Extrahepatic Tissues

CYP Enzyme	Tissue
1A1	Lung, kidney, GI tract, skin, placenta, others
1B1	Skin, kidney, prostate, mammary, others
2A6	Lung, nasal membrane, others
2B6	GI tract, lung
2C	GI tract (small intestine mucosa) larynx, lung

Human Drug Metabolizing CYPs Located in Extrahepatic Tissues (cont'd)

CYP Enzyme	Tissue
2E1	Lung, placenta, others
2F1	Lung, placenta
2J2	Heart
3A	GI tract, lung, placenta, fetus, uterus, kidney
4B1	Lung, placenta
4A11	Kidney

S. Rendic & F.J. DiCarlo, Drug Metab Rev 29:413-80, 1997



CYP Biotransformations

- * Chemically diverse small molecules are converted, generally to more polar compounds
- * Reactions include:
 - **Aliphatic hydroxylation, aromatic hydroxylation**
 - **Dealkylation (N-,O-, S-)**
 - **N-oxidation, S-oxidation**
 - **Deamination**
 - **Dehalogenation**
- * Examples - see *Principles of Clinical Pharmacology*, Chapter 11

Non-CYP Drug Biotransformations

- * Oxidations
- * Hydrolyses
- * **Conjugation (Phase 2 Rxns)**
 - Major Conjugation Reactions
 - * Glucuronidation (high capacity)
 - * Sulfation (low capacity)
 - * Acetylation (variable capacity)
 - * Examples: Procainamide, Isoniazid
 - Other Conjugation Reactions: O-Methylation, S-Methylation, Amino Acid Conjugation (glycine, taurine, glutathione)
 - Many conjugation enzymes exhibit polymorphism



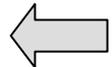
Non-CYP drug oxidations (1)

- * **Monoamine Oxidase (MAO), Diamine Oxidase (DAO)** - MAO (mitochondrial) oxidatively deaminates endogenous substrates including neurotransmitters (dopamine, serotonin, norepinephrine, epinephrine); drugs designed to inhibit MAO used to affect balance of CNS neurotransmitters (L-DOPA); MPTP converted to toxin MPP⁺ through MAO-B. DAO substrates include histamine and polyamines.
- * **Alcohol & Aldehyde Dehydrogenase** - non-specific enzymes found in soluble fraction of liver; ethanol metabolism
- * **Xanthine Oxidase** - converts hypoxanthine to xanthine, and then to uric acid. Drug substrates include theophylline, 6-mercaptopurine. Allopurinol is substrate and inhibitor of xanthine oxidase; delays metabolism of other substrates; effective for treatment of gout.

Non-CYP drug oxidations (2)

* **Flavin Monooxygenases**

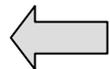
- Family of enzymes that catalyze oxygenation of nitrogen, phosphorus, sulfur – particularly facile formation of N-oxides
- Different FMO isoforms have been isolated from liver, lung (S.K. Krueger, et al. Drug Metab Rev 2002; 34:523-32)
- Complete structures defined (Review: J. Cashman, 1995, Chem Res Toxicol 8:165-181; Pharmacogenomics 2002; 3:325-39)
- Require molecular oxygen, NADPH, flavin adenosine dinucleotide (FAD)
- Single point (loose) enzyme-substrate contact with reactive hydroperoxyflavin monooxygenating agent
- FMOs are heat labile and metal-free, unlike CYPs
- Factors affecting FMOs (diet, drugs, sex) not as highly studied as CYPs



Hydrolysis secondary to Cyp Metabolism

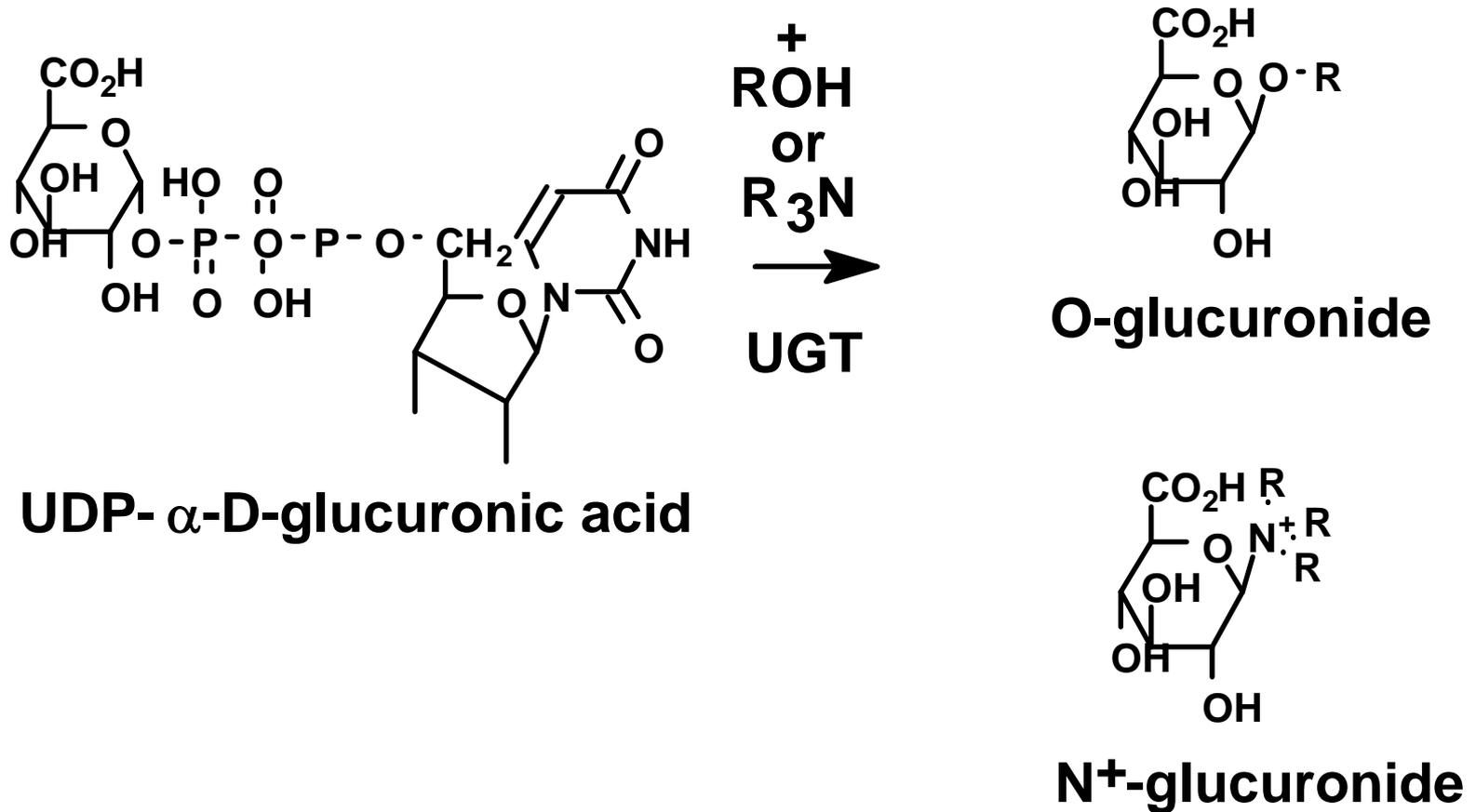
QuickTime™ and a TIFF (Uncompressed) decompressor are needed to see this picture.

Involvement of Liver Carboxylesterases in the In Vitro Metabolism of Lidocaine
S. E. H. Alexson, M. Diczfalusy, M. Halldin, S. Swedmark
Drug Metab Disp 30: 643-647, 2002

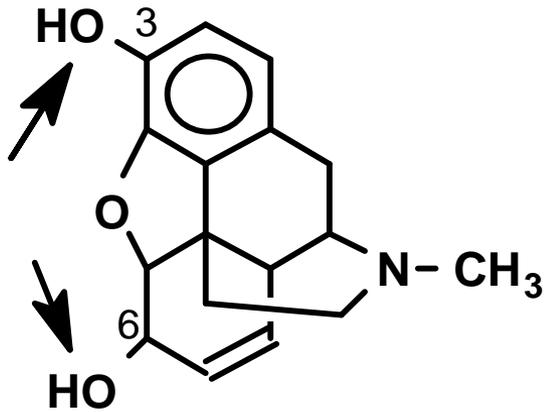


Conjugation Reactions

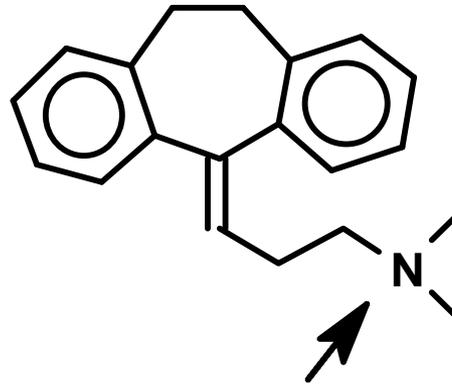
Glucuronidation



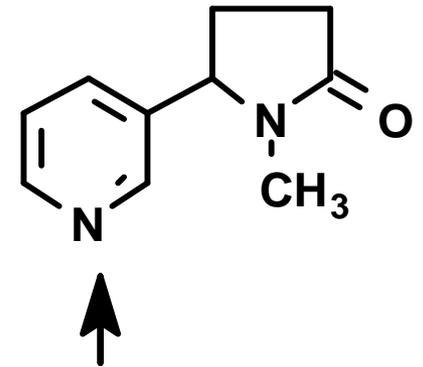
Liver has several soluble UDP-Gluc-transferases



Morphine

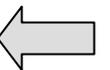


Amitriptyline



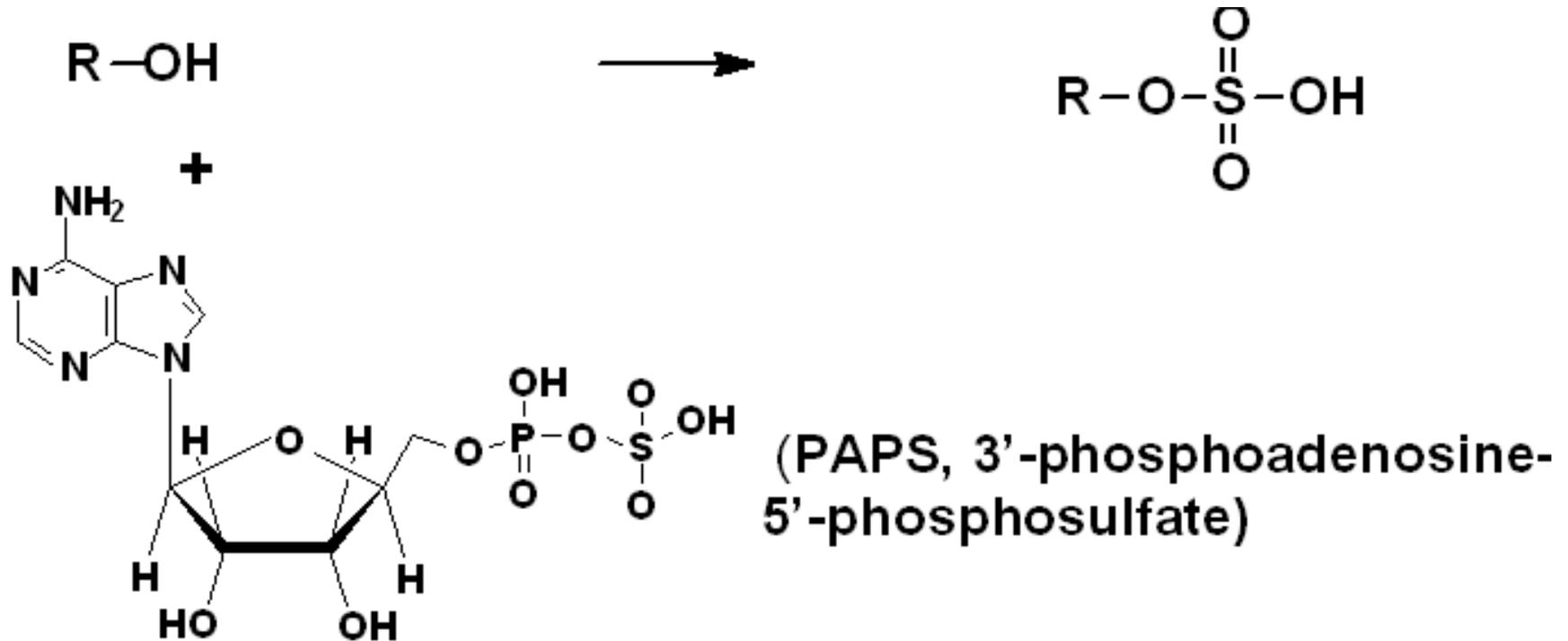
Cotinine

Glucuronic acid conjugation to phenols, 3°-amines, aromatic amines

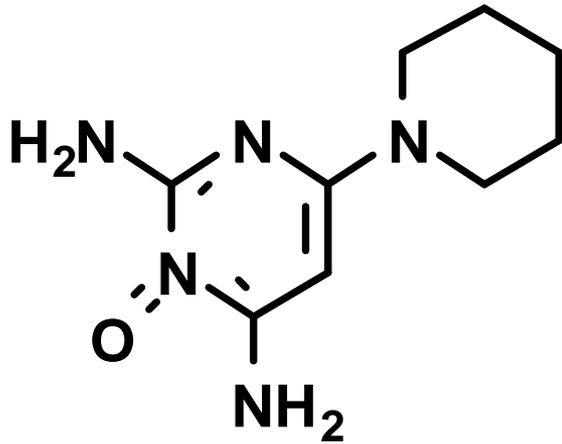


Conjugation Reactions

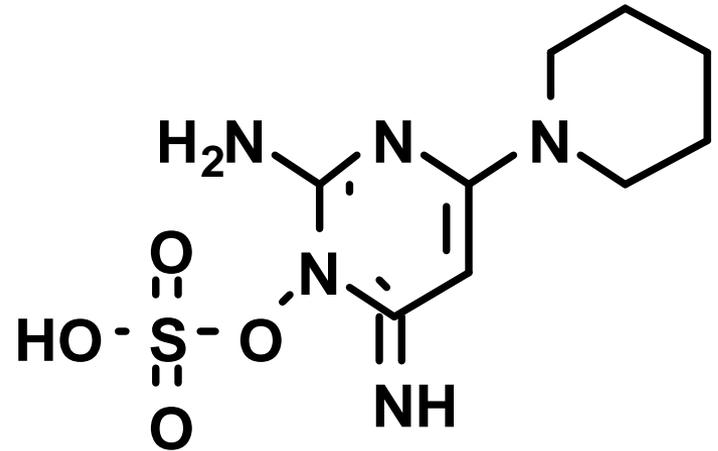
Sulfation



Examples: ethanol, p-hydroxyacetanilide, 3-hydroxycoumarin

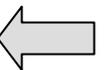


Minoxidil



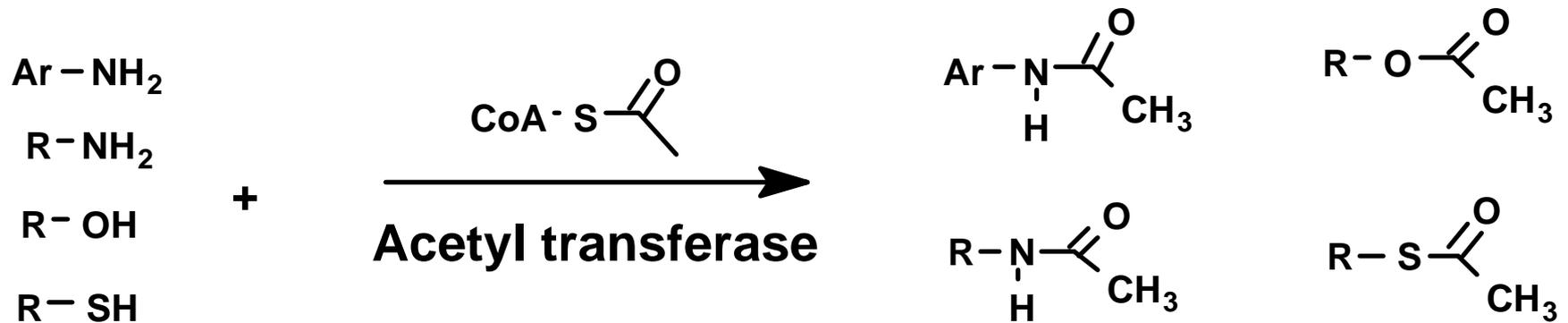
Minoxidil-sulfate

Sulfation may produce active metabolite



Conjugation Reactions

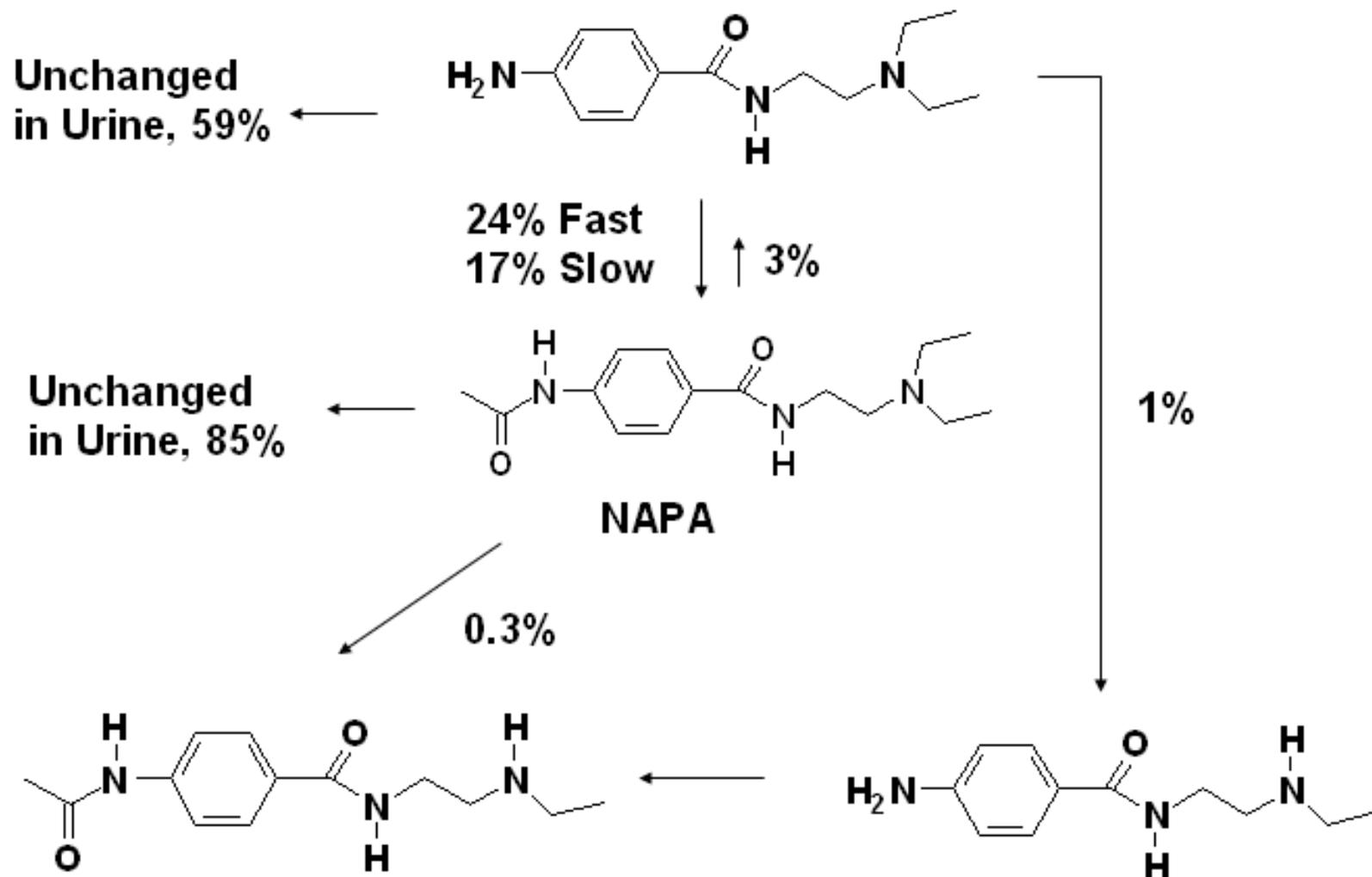
Acetylation



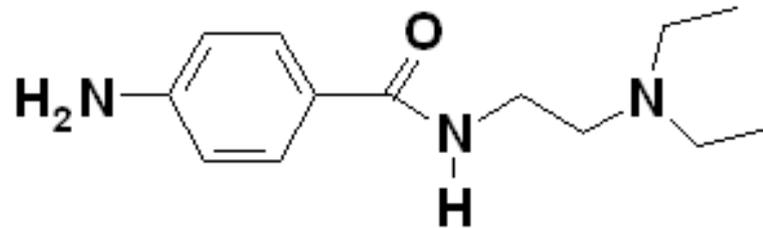
Examples: Procainamide, isoniazid, sulfanilimide, histamine

NAT enzyme is found in many tissues, including liver

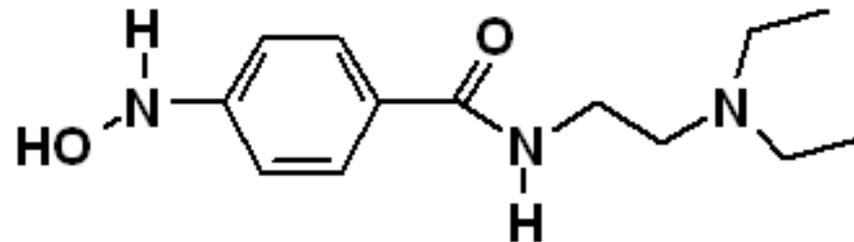
Procainamide



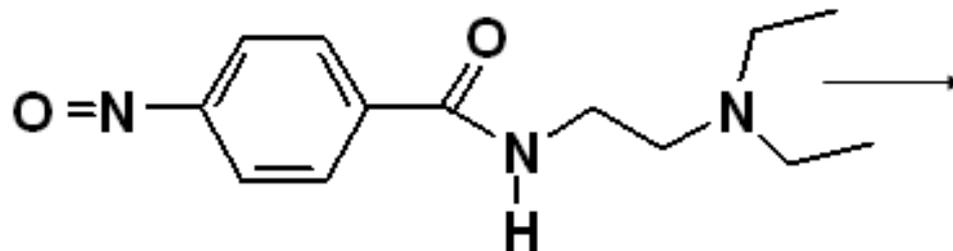
Procainamide



trace metabolite



non-enzymatic



Lupus?

Additional Effects on Drug Metabolism

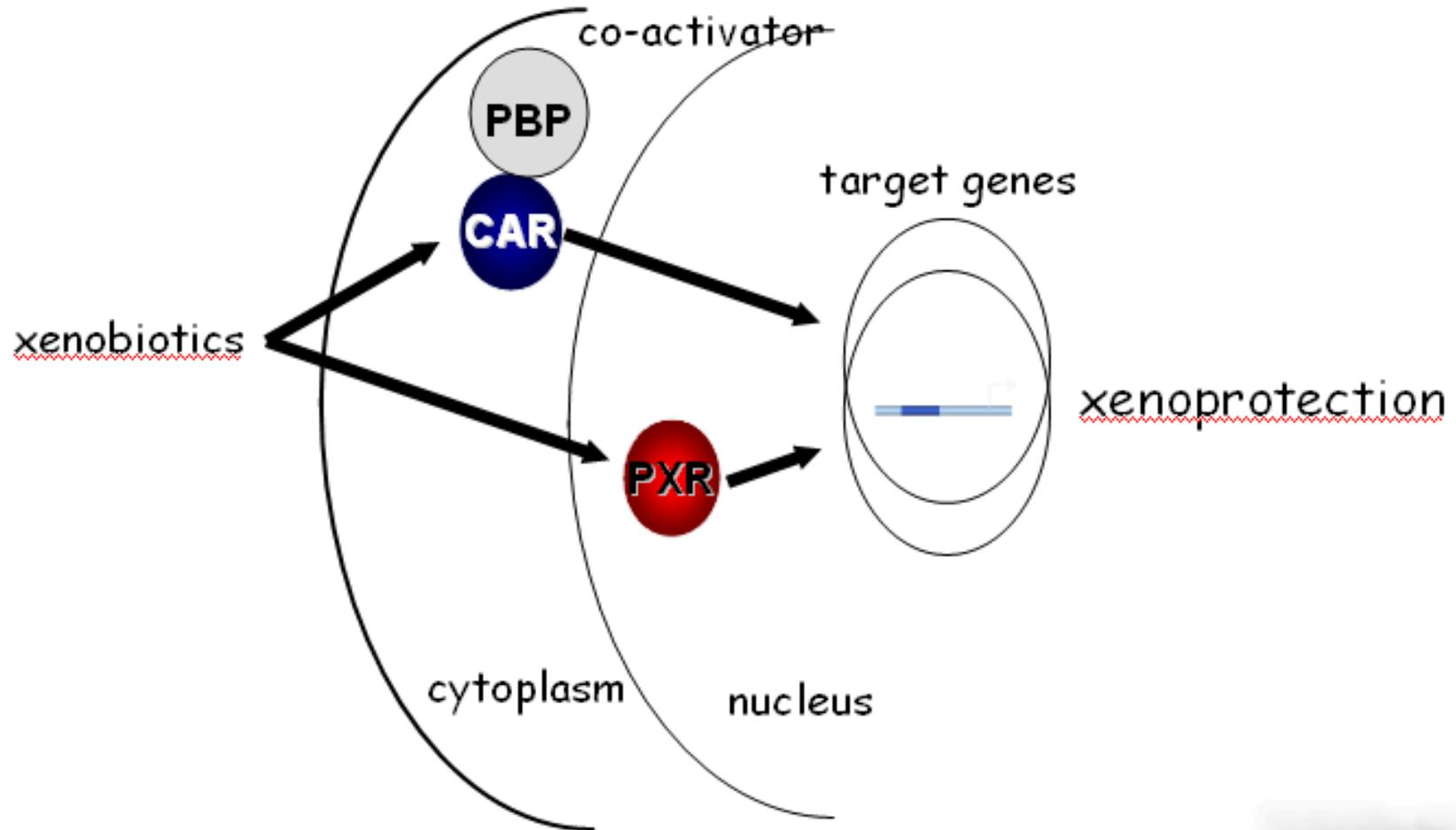
*** Species Differences**

- Major differences in different species have been recognized for many years (R.T. Williams).**
 - * Phenylbutazone half-life is 3 h in rabbit, ~6 h in rat, guinea pig, and dog and 3 days in humans.**

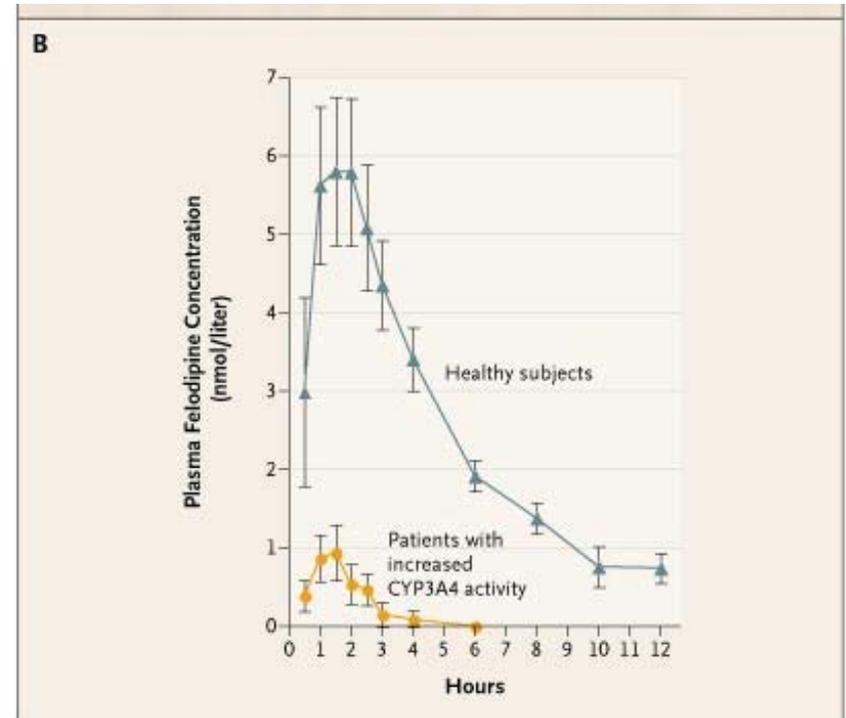
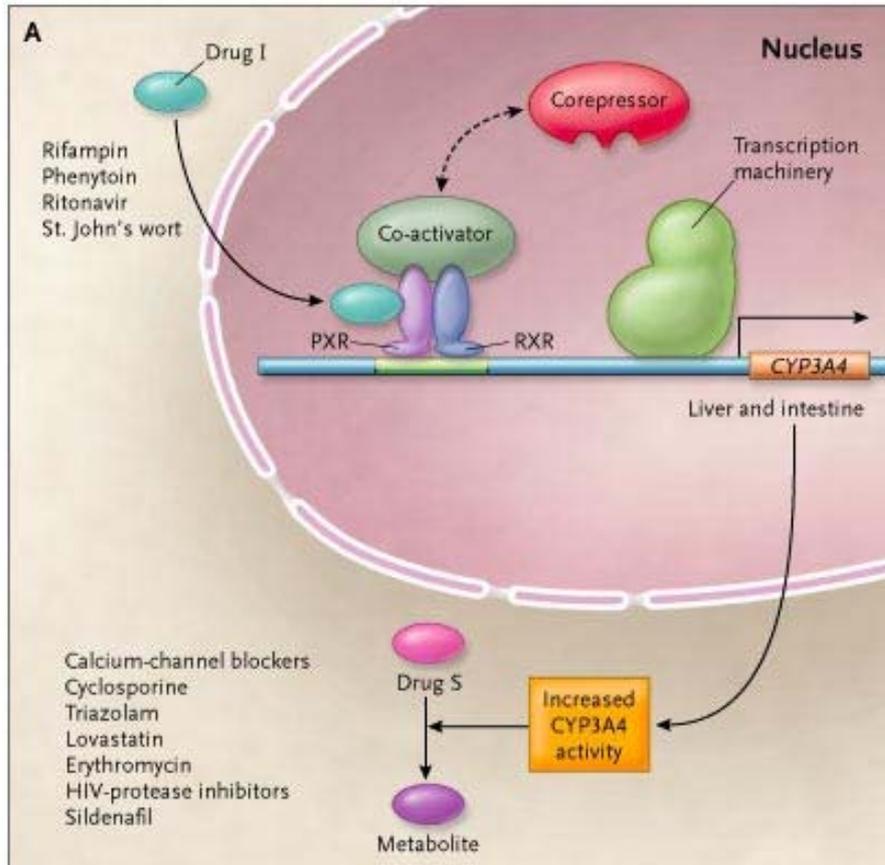
*** Induction**

- Two major categories of CYP inducers**
 - * Phenobarbital is prototype of one group - enhances metabolism of wide variety of substrates by causing proliferation of SER and CYP in liver cells.**
 - * Polycyclic aromatic hydrocarbons are second type of inducer (ex: benzo[a]pyrene).**
- Induction appears to be environmental adaptive response of organism**
- Orphan Nuclear Receptors (PXR, CAR) are regulators of drug metabolizing gene expression**

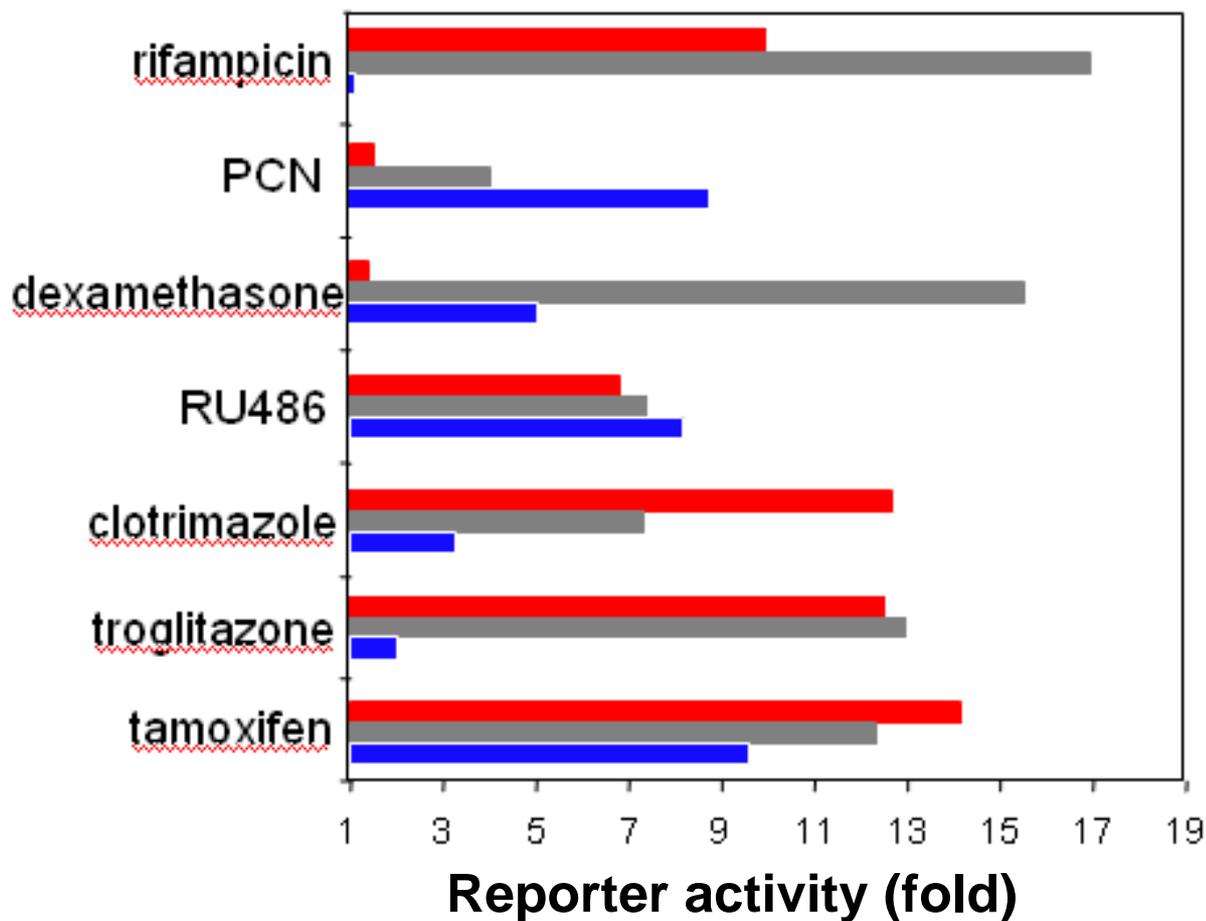
PXR and CAR Protect Against Xenobiotics



Mechanism of Induction of CYP3A4-Mediated Metabolism of Drug Substrates (Panel A) and the Resulting Reduced Plasma Drug Concentration (Panel B)

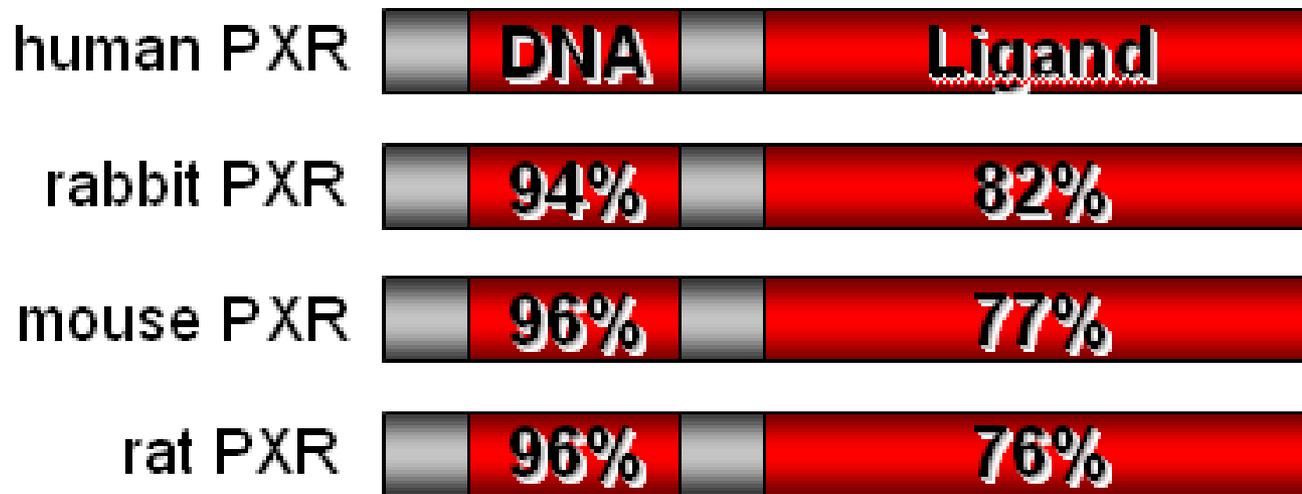


CYP3A Inducers Activate Human, Rabbit, and Rat PXR



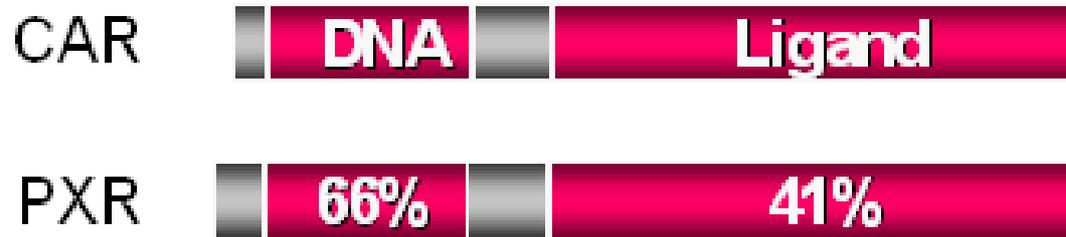
Cell-based
reporter assay

Pregnane X Receptor (PXR)



- * PXR is one of Nuclear Receptor (NR) family of ligand-activated transcription factors.
- * Named on basis of activation by natural and synthetic C21 steroids (pregnanes), including pregnenolone 16 α -carbonitrile (PCN)
- * Cloned due to homology with other nuclear receptors
- * Highly active in liver and intestine
- * Binds as heterodimer with retinoic acid receptor (RXR)

Constitutive Androstane Receptor (CAR)



- * Highly expressed in liver and intestine
- * Sequestered in cytoplasm
- * Co-factor complex required for activation; anchored by PPAR-binding protein (PBP)
- * Binds response elements as RXR heterodimer
- * High basal transcriptional activity without ligand
- * Activated by xenobiotics
 - phenobarbital, TCPOBOP (1,4-bis[2-(3,5-dichloropyridyloxy)]benzene)

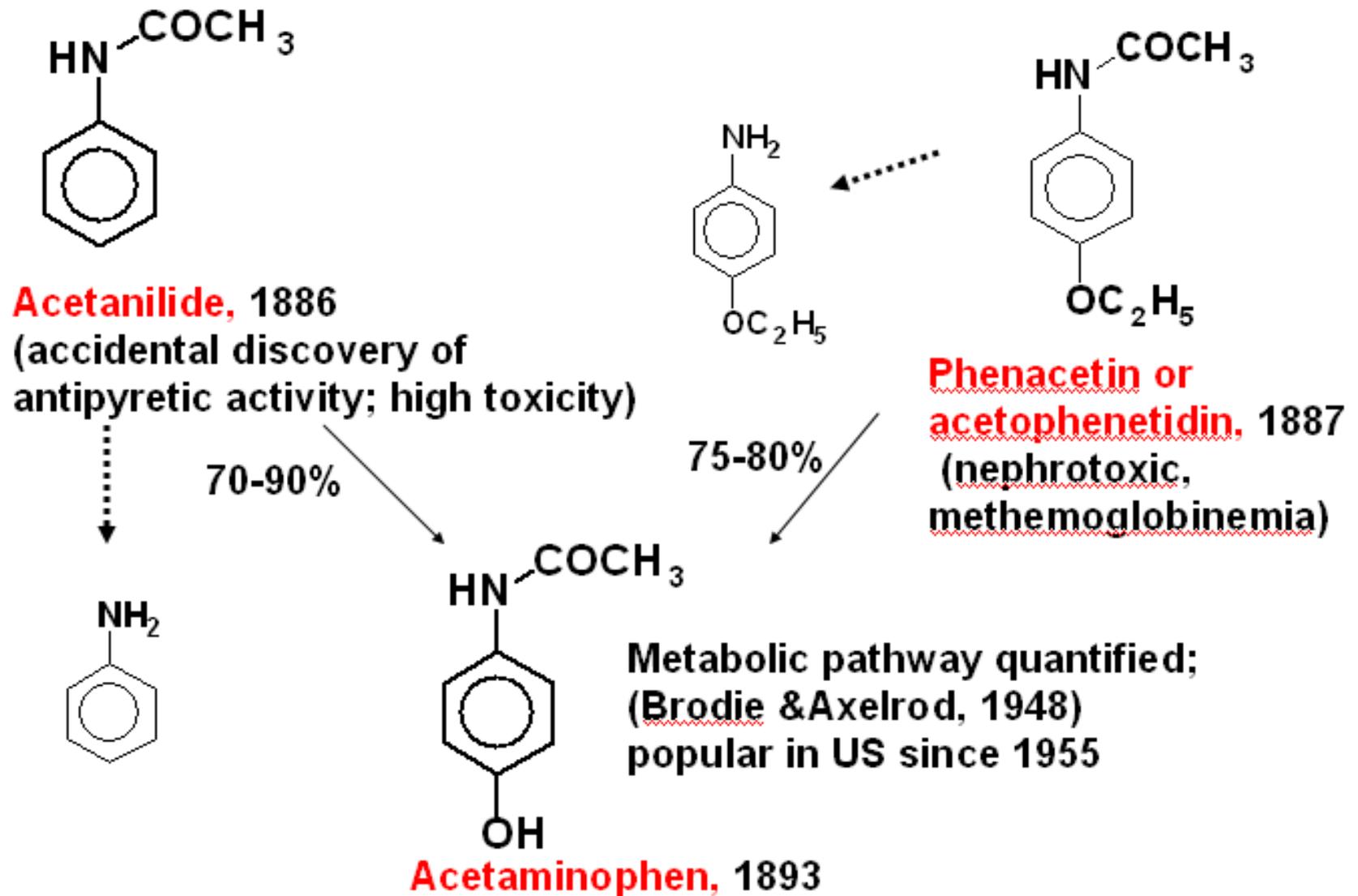
PXR and CAR Regulate Overlapping Genes

	<u>PCN (PXR)</u>	<u>TCPOBOP (CAR)</u>	
Liver RNA	• Phase I enzymes		
	<i>Cyp3a11</i>	↑ (3.5x)	↑ (3.4x)
	<i>Cyp2b10</i>	↑ (12x)	↑ (110x)
	<i>Aldh1a1</i>	↑ (2.1x)	↑ (1.9x)
	<i>Aldh1a7</i>	↑ (1.6x)	↑ (1.9x)
	• Phase II enzymes		
	<i>Ugt1a1</i>	↑ (2.8x)	●
	<i>Gst-a1</i>	↑ (16x)	↑ (15x)
	• Transporters		
	<i>Mrp2</i>	●	↑ (2.0x)
	<i>Mrp3</i>	↑ (3.0x)	↑ (1.9x)
	<i>Oatp2</i>	↑ (9.2x)	●

Acetaminophen (Paracetamol)

- * **Acetanilide – 1886 – accidentally discovered antipyretic; excessively toxic (methemoglobinemia); para-aminophenol and derivatives were tested.**
- * **Phenacetin introduced in 1887, and extensively used in analgesic mixtures until implicated in analgesic abuse nephropathy**
- * **Acetaminophen recognized as metabolite in 1899**
- * **1948-49 Brodie and Axelrod recognized methemoglobinemia due to acetanilide and analgesia to acetaminophen**
- * **1955 acetaminophen introduced in US**

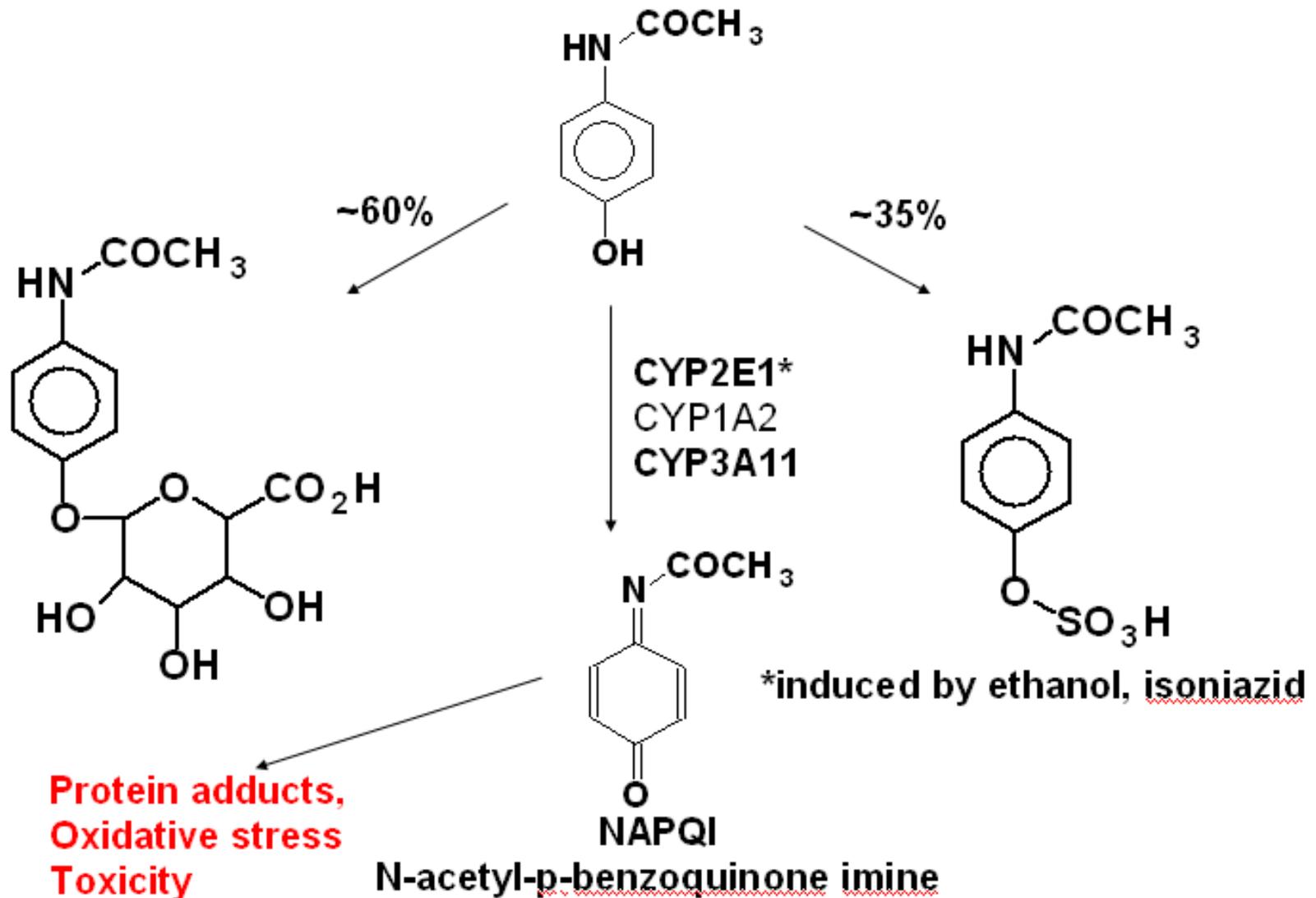
Acetaminophen and p-Aminophenols



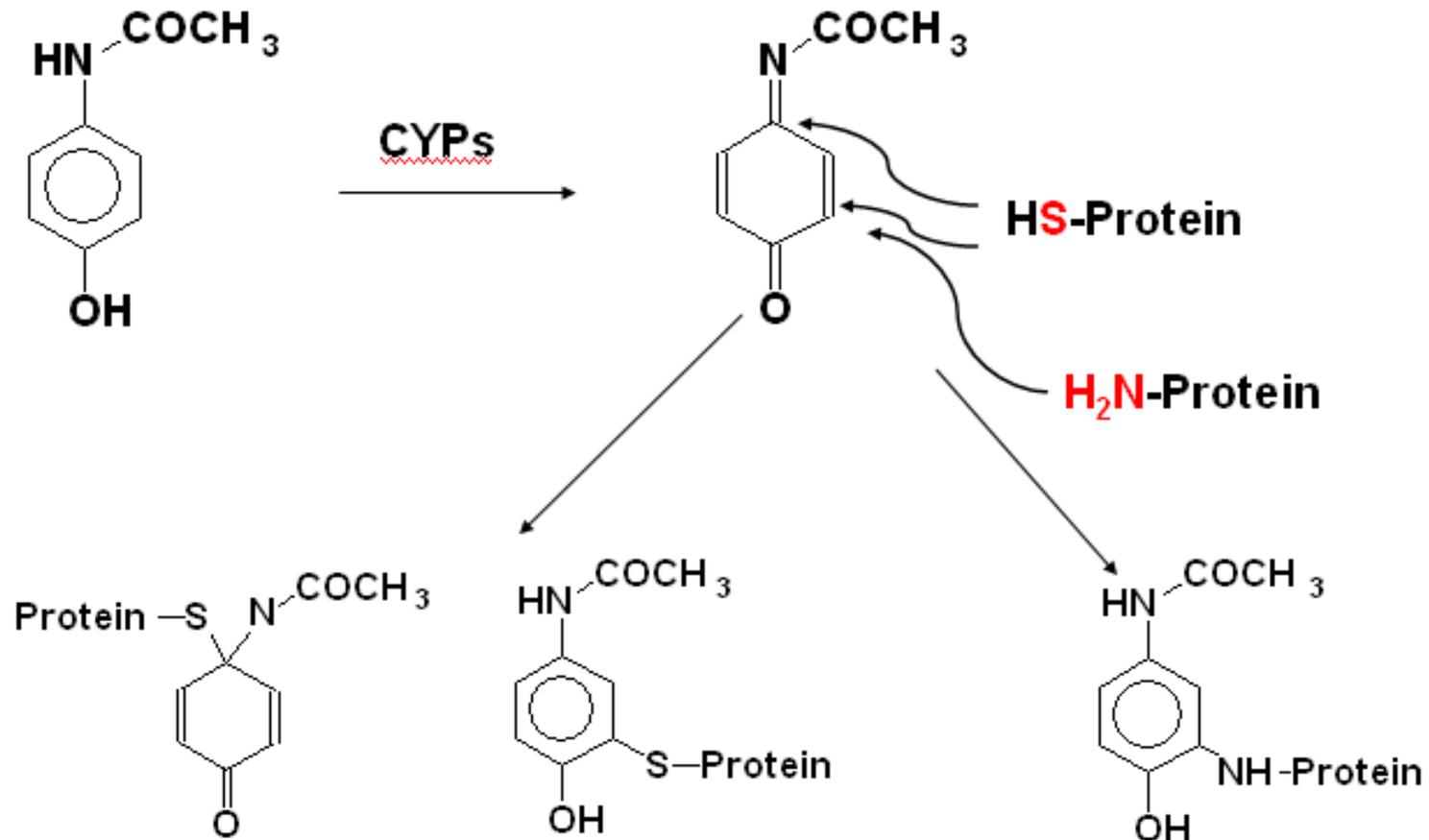
Acetaminophen Toxicity

- * Acetaminophen overdose results in more calls to poison control centers in the United States than overdose with any other pharmacologic substance.
- * The American Liver Foundation reports that 35% of cases of severe liver failure are caused by acetaminophen poisoning which may require organ transplantation.
- * *N*-acetyl cysteine is an effective antidote, especially if administered within 10 h of ingestion [NEJM 319:1557-1562, 1988]
- * Management of acetaminophen overdose [Trends Pharm Sci 24:154-157, 2003]

Acetaminophen Metabolism



Acetaminophen Protein Adducts



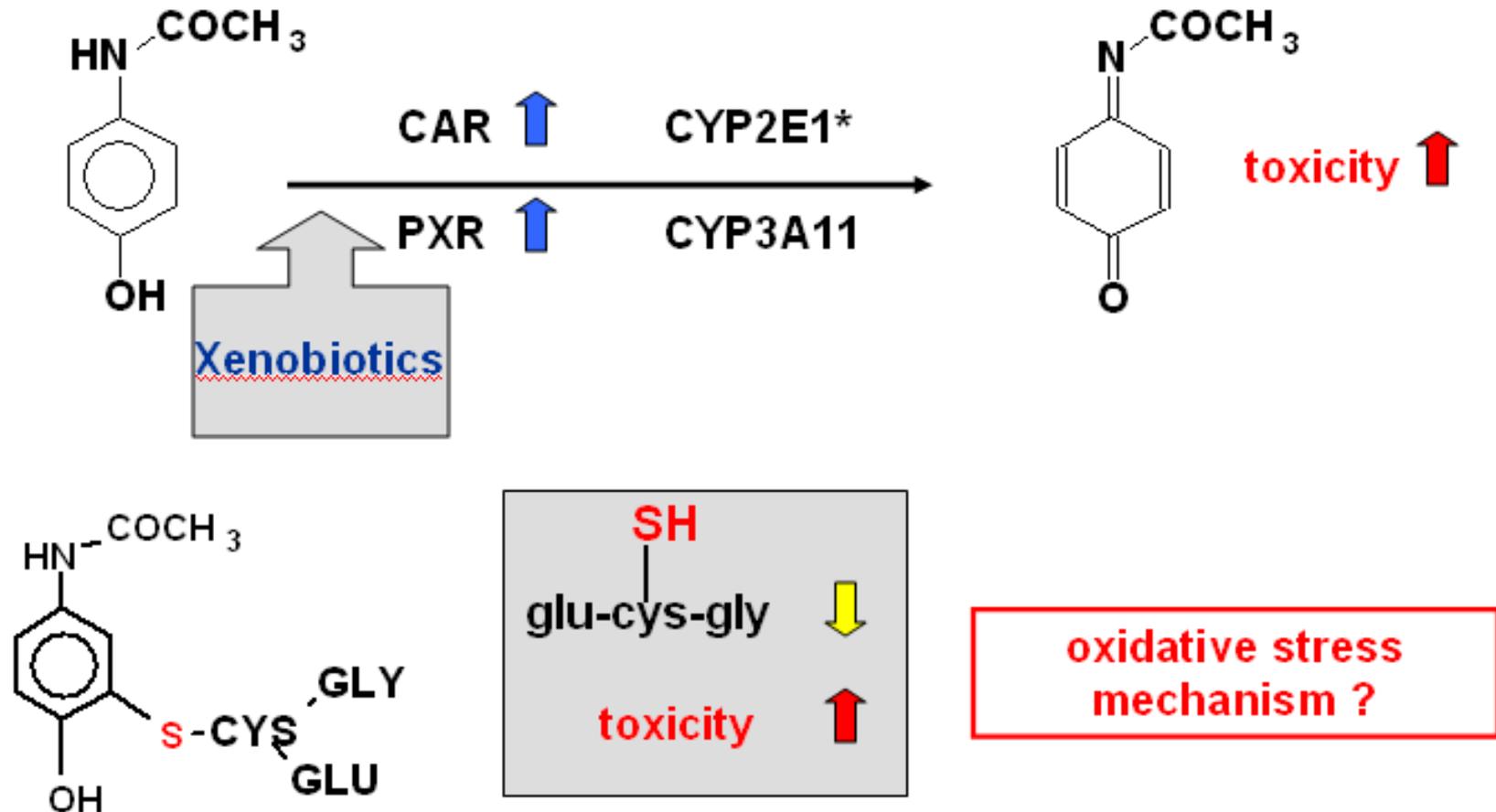
S.D. Nelson, *Drug Metab. Rev.* 27: 147-177 (1995)
K.D. Welch et al., *Chem Res Toxicol* 18:924-33 (2005)

Acetaminophen toxicity mechanism

- * N-acetyl cysteine is an effective agent to block GSH depletion and rescue from liver damaging toxicity
- * CAR and PXR modulate acetaminophen toxicity (2002, 2004)
- * CAR-null mice are resistant to acetaminophen toxicity
 - hepatic GSH lowered in wild type (but not in KO) after acetaminophen
 - CAR-humanized mice demonstrate same toxicity response
- * Activation of PXR induces CYP3A11 and markedly enhances acetaminophen toxicity in wild type mice
- * CAR transcription co-activator KO blocks toxicity (2005)

NAPQI toxicity linked to PXR activation

G. Guo et al. 2004, Toxicol Sci 82(2):374-80



Drug Metabolism - WWW Information Resources

* <http://www.icgeb.trieste.it/p450/>

- Directory of P450 Containing Systems; comprehensive web site regarding all aspects of chemical structure (sequence and 3D) of P450 proteins from all species; steroid ligands; links to related sites including leading researchers on P450

* <http://www.fda.gov/cder/guidance/>

- Site contains many useful documents regarding drug metabolism and FDA recommendations including "Drug Metabolism/Drug Interaction Studies in the Drug Development Process: Studies in Vitro", FDA Guidance for Industry

* http://www.sigmaaldrich.com/Area_of_Interest/Biochemicals/Enzyme_Explorer.html

- Site has many commercially available drug metabolizing enzymes and useful links to multiple drug metabolism resources